

# SEXUAL ASSAULT AWARENESS MONTH

(SAAM) **APRIL 2021**

## APRIL 1: DOLLARS FOR DENIM

*Fundraising Campaign begins*

### All month long

Help raise essential funds for the Rape Crisis Center all month long. Donate online, start your own social media fundraiser, and encourage your friends to do the same! All donations directly impact victims and survivors of sexual assault.

## APRIL 7: WELLNESS WEDNESDAY

*Virtual Workshop*

**Wednesday, April 7, 12 - 1 p.m.**

The College of the Sequoias' Health Center invites the community to connect virtually to bring more awareness and understanding to the issue of sexual abuse. The panel discussion will include resources and information from:

**Brenda Salazar**, Family Services' Rape Crisis Center Program Manager

**Kevin Mizner**, COS District Police Department Chief

**Kelly Baker**, LMFT, founder of Onyx Trauma Healing Center

Zoom link: [bit.ly/COSWellnessWednesday](https://bit.ly/COSWellnessWednesday)

## APRIL 21: SEXUAL ASSAULT 101

*Zoom Webinar*

**Wednesday, April 21, 2 - 3 p.m.**

This one-hour presentation facilitated by Family Services' Rape Crisis Center will offer an overview of what sexual assault is, including definitions, consent, myths, and how we can help prevent it.

Learn about local resources for victims and how to support survivors.

Zoom link: [bit.ly/SAAM101](https://bit.ly/SAAM101)

## APRIL 28: DENIM DAY

*Awareness Day*

**Wednesday, April 28**

Wear denim in solidarity with victims and survivors of sexual assault. Download your toolkit to get your school, workplace, group, or friends involved and share your photos with us online! #DenimDayTC

**GET INVOLVED & DONATE AT: [www.fstc.net/saam](http://www.fstc.net/saam)**

Follow Family Services for event details & updates.



@FamilyServicesTC



@FamilySvcstc